

INTAKE INFORMATION

Print Name _____ Social Security No. _____

Please select any of the following which presently apply to you or have applied to you in the last 30 days:

- | | |
|----------------------|--|
| Depressed mood | Panic attacks |
| Appetite disturbance | Low energy |
| Obsessive thoughts | Impaired memory |
| Sleep disturbance | Aggressive behaviors |
| Low self-esteem | Health concerns |
| Substance abuse | Process abuse (gambling, sex., love, or any
behavior to excess) |
| Resentments | Suicide ideation |
| Regrets | Anxiety |
| Fears | self-criticism / negative self-talk |
| Loneliness | |

Note: If you were not comfortable checking an area that applied, you are encouraged to talk about it in the initial session or in the next session when you may feel more comfortable doing so.

Briefly describe your reason(s) for coming here today:

How would you rate your physical health?

Poor Fair Good Excellent

When was your last physical check-up.

Dr. Samuel F. Shuman, Ph.D., LMHC

Office Contact Information

Email: DrShuman@Counselingforessentialchange.com

Phone: 813-501-8031

NOTICE OF PRIVACY PRACTICES

The Health Insurance Portability & Accountability Act of 1996 ("HIPAA") is a federal program that requires that all medical records, including those related to behavioral health, and other identifiable health information used or disclosed by us in any form, whether electronically, on paper, or orally, are kept properly confidential. This Act gives you, the patient/client, significant new rights to understand and control how your health information is used. "HIPAA" provides penalties for the misuse of personal health information.

As required by "HIPAA", we have prepared this explanation of how we are required to maintain the privacy of your behavioral and other health information and how we may use and disclose such information. We may use and disclose your medical and/or behavioral health records only for each of the following purposes: treatment, payment and health care operations.

Treatment means providing, coordinating or managing health services by one or more health care providers. An example of this would include a diagnosis based on an initial as well as subsequent psychotherapy sessions or referral for a physical examination.

Payment means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities, and utilization review. An example would be sending a bill for your therapy session to you or your healthcare insurance when applicable.

Health care operations include the business aspects of running our practice, such as conducting quality assessment and improvement activities, auditing functions, cost-management analysis and customer service. An example would be an internal quality assessment review.

We may contact you to provide appointment reminders, information about alternative treatments or other behavioral health-related benefits that may be of interest to you. Our office is fully committed to compliance with the "HIPAA" guidelines by:

1. Providing appropriate security for our patient records.
2. Protecting the privacy of our patient's medical and behavioral health information.
3. Providing our patients with proper access to their behavioral health information and any known related medical information.
4. Appropriately maintaining our patient information and billing processes in compliance with national standards.
5. Additionally, if it is determined that an exchange of information with another individual with whom you are familiar would be a benefit to you, such inquiry will not be made without you signing a release/exchange of information permission form.

If you have a concern about or inquiry about your confidential information you may inquire in person during a therapy session or by telephone at 813-501-8031. If you believe the privacy and/or confidentiality of your behavioral health information has been violated, you may file a complaint with the Secretary of Health and Human Service toll free 1-877-696-6775.

Patient Signature _____ Date: _____

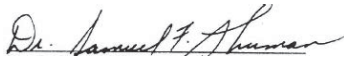
Effective date of privacy practices: the date of the initial psychotherapy session

Disclaimer

In the course of treatment, you may be advised of medications, nutrition, nutritional supplements and alternative approaches that have shown to be of benefit to individuals in similar circumstances, emotionally or physically, to yourself. Additionally, books and/or research material related to such may be recommended for your reading.

Such an approach is intended only for your awareness and to expand your considerations and possible options. With any approach involving medications, nutritional plans, nutritional supplements and other alternatives, a physician is to be consulted and involved in the both the initiation and the monitoring of the process. Other certified and/or licensed individuals should also be considered as well.

Sincerely,



Your signature acknowledges your understanding that provided information is not intended to be interpreted as "prescribing" and that you are responsible for consulting the necessary medical care persons before embarking on any of the above-mentioned approaches.

Client Signature: _____ Date: _____